

## Additional Resources

# Leading During Crisis: How to Survive and Thrive

### Resilience

[https://www.youtube.com/watch?time\\_continue=11&v=GLAdRgft7pU](https://www.youtube.com/watch?time_continue=11&v=GLAdRgft7pU)

<https://www.youtube.com/watch?v=C1UCI2ZHEqw>

### Emotional Intelligence

<https://aspyrewealth.com/5-tips-for-leadership-in-times-of-crisis/>

<https://aspyrewealth.com/6-tips-to-increase-your-emotional-intelligence/>

### Attunement – Daniel Pink

<https://www.youtube.com/watch?v=TP81PQ0vIaI>

Thank You!

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